



**JKS SCOTLAND**

**NATIONAL KARATE CHAMPIONSHIPS  
SUNDAY OCTOBER 20th 2019**



**JKS** 2019  
SCOTLAND NATIONAL  
CHAMPIONSHIPS

**Linlithgow Academy  
Braehead Road  
Linlithgow  
EH49 6EH**

**SENIOR, JUNIOR, CADET, CHILDREN**

**Open to JKS Members Only**

**BULLETIN 1**

**Please note the introduction of Disability Kata – Event No KA17**



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**sportscotland**

Email: [office@jksscotland.com](mailto:office@jksscotland.com)  
Tel: 07850-757524  
[www.jksscotland.com](http://www.jksscotland.com)

## Events:

### KATA

**Registration 8.30am – Start time 9 am – Team Kata will be the first event  
All kata events will be 2 competitors together until final 4 wherafter they will enter 1 competitor at a time.**

**Decisions will be made as per WKF system AKA and AO.**

Category	Code	Category	Code
Childrens mixed Kata 11yrs & under 10th - 4th Kyu Referees choice until final 4, Kihon/Heian Shodan. Final - Kata of choice	<b>KA1</b>	Team Kata 15yrs and under 10th - 4th Kyu Kata of choice Can repeat	<b>KA10</b>
Childrens mixed Kata 11yrs & under 3rd Kyu and above Referees choice until final 4. Heian 1 -5 Final - Kata of choice	<b>KA2</b>	Team Kata 15yrs and under 3rd Kyu and above Kata of choice Can repeat	<b>KA11</b>
Boys & Girls mixed Kata 12-15yrs 10th - 4th Kyu Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA3</b>	Team Kata 16yrs and above All Grades Kata of choice Can repeat	<b>KA12</b>
Boys Kata 12-15yrs 3rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA4</b>	Junro Kata 15yrs and under All Grades - male and female Junro Shodan until final 4. Final - Junro Kata of choice	<b>KA13</b>
Girls Kata 12 - 15yrs 3rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA5</b>	Junro Kata 16yrs and above All Grades - male and female Junro Nidan until final 4. Final - Junro Kata of choice	<b>KA14</b>
Ladies and Gents Kata 16yrs and above 10th - 4th Kyu Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA6</b>	Koten Kata 15yrs and under All Grades - male and female Kakuyoku Nidan until final 4. Final - Koten Kata of choice	<b>KA15</b>

Gents Kata 16yrs and above 3rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA7</b>
Ladies Kata 16yrs and above 3rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA8</b>
Veterans Mixed Kata 35yrs and above All Grades Referees choice until final 4. Heian 1 - 5 Final - Kata of choice	<b>KA9</b>

Koten Kata 16yrs and above All Grades - male and female Kakuyoku Nidan until final 4 Final - Koten Kata of choice	<b>KA16</b>
Disability Kata All Ages - All Grades Kata of choice Can repeat	<b>KA17</b>

## KUMITE

Start time 11 am approx

All free fighting events will be under WKF Rules.

13yrs and below. Red and blue hand pads are compulsory.

14 yrs and above the following will apply.

WKF Equipment must be worn. Blue & Red belts, hand pads and foot and shinguards are compulsory.

Mouth guards and Groin guards are compulsory. Chest guards are optional.

Category	Code	Category	Code
Childrens Kumite 11yrs and under All Grades Five attack sparring	<b>KU18</b>	Girls Kumite 14-15yrs (-54kgs) All Grades	<b>KU32</b>
Boys and Girls mixed Kumite 12-15yrs 10th - 7th Kyu Five attack sparring	<b>KU19</b>	Girls Kumite 14-15yrs (+54kgs) All Grades	<b>KU33</b>
Boys and Girls mixed Kumite 12-15yrs 6th - 4th Kyu One attack sparring Jodan, Chudan, Maegeri. Right side only.	<b>KU20</b>	Boys Kumite 16-17yrs (-65kgs) All Grades	<b>KU34</b>

Ladies and Gents Kumite 16yrs and above 10th - 4th Kyu Five attack sparring	<b>KU21</b>
Boys Kumite 11yrs and under (under 4ft)	<b>KU22</b>

Boys Kumite 16-17yrs (+65kgs) All Grades	<b>KU35</b>
Girls Kumite 16-17yrs (-56kgs)	<b>KU36</b>

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All Grades		
Boys Kumite 11yrs and under (4ft and above) All Grades		<b>KU23</b>
Girls Kumite 11yrs and under (under 4ft) All Grades		<b>KU24</b>
Girls Kumite 11yrs and under (4ft and above) All Grades		<b>KU25</b>
Boys Kumite 12-13yrs ( -50kg ) All Grades		<b>KU26</b>
Boys Kumite 12-13yrs ( +50kg ) All Grades		<b>KU27</b>
Girls Kumite 12-13yrs ( -40kgs ) All Grades		<b>KU28</b>

All Grades		
Girls Kumite 16 - 17yrs ( +56kgs ) All Grades		<b>KU37</b>
Male Kumite 18yrs plus ( -75 kgs ) All Grades		<b>KU38</b>
Male Kumite 18yrs plus ( +75kgs ) All Grades		<b>KU39</b>
Female Kumite 18yrs plus ( -61 kgs ) All Grades		<b>KU40</b>
Female Kumite 18yrs plus ( +61 kgs ) All Grades		<b>KU41</b>
Male Veterans Kumite 35yrs plus All Grades		<b>KU42</b>

Girls Kumite 12-13yrs ( +40kgs ) All Grades		<b>KU29</b>
Boys Kumite 14-15yrs ( -65kgs ) All Grades		<b>KU30</b>
Boys Kumite 14-15yrs ( +65kgs ) All Grades		<b>KU31</b>

Female Veterans Kumite 35yrs plus All Grades		<b>KU43</b>
Kumite Team 4 Male. 1 - 12/13, 1 - 14/15, 1 - 16/17, 1 - 18+ 1 Female. 1 - 18+		<b>KU44</b>

**Please note: If we have insufficient numbers in any category then it will be merged with another.**

## Important Notes

This event is only open to Associations who are members of the JKS.

All entry payments should be made payable to 'JKS Scotland' and should be sent to:

JKS Scotland HQ  
24 Dickson Street  
Elgin Ind Estate  
Dunfermline  
KY12 7SN  
Scotland  
Tel: 07850-757524  
Email: office@jksscotland.com

Payment can also be made by bank transfer to:  
Account No: 06095808  
Sort Code: 80-11-00

**Entry Fees:**  
**All individual events Seniors £15.00 - Juniors £12.00**  
**All Team Events £15.00**

All competitors can move up to compete in the category above if they wish.

## Coaches Dress Code

Coaches must be in Association tracksuits or colours etc.  
Only coaches ADHEREING TO DRESS CODE will be allowed on the competition area.

Only 1 coach is permitted at the Tatami at any one time.

Coaches please ensure your competitors leave the area when their category finishes, this is a strict rule.

## Event schedule

All Kumite for 14 years and above will be held under WKF rules.  
Body protection for all categories is recommended but not compulsory.

Kata will start from 9am with team Kata being the first event.  
Kumite events will have staggered start times, starting from 11.00 am with registration and weigh in being one hour before. All staggered times are estimated as this will depend on the number of entries in each category. For team Kata Bunkai is not required.

**Mouth guards are compulsory.**

**Spectators Fees £5.00 per person**

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# Club Master Entry Form

COMPETITORS FULL NAME	Sex M/F	Exact Weight (Kilos)	D.O.B	Grade	Booking Codes				Total Individual Cost	LICENCE NO.
					Please Put Your	Category	Number	For Individual events only		
<i>Example Joe Bloggs</i>	<i>M</i>	<i>73</i>	<i>12/11/74</i>	<i>2<sup>nd</sup> Dan</i>	<i>Kumite Code</i>	<i>Kata code</i>	<i>Team code</i>			<i>123456</i>

*Each Club/Association can enter as many individuals as they wish*

**Entries should be returned to the address below by 13<sup>th</sup> October 2019**  
**office@jksscotland.com**

**Entry Fees:**  
**All individual events Senior £15.00. Junior £12.00**  
**All Team Events £15.00**

# NATIONAL KARATE CHAMPIONSHIPS 2019

## Individual entry form.

Dear member,

If you wish to take part in the 2019 National Championship please complete this form clearly and return it with the entry fee to your instructor ASAP before the closing date. Late entries will not be accepted.

Seniors per individual event: £15.00 (16yrs & over)

Juniors per individual event: £12.00 (15yrs & under)

### Closing date for ALL ENTRIES: Sunday 13th October 2019

Please note:

Place all individual entries on this one sheet

Gum Shields and Red & Blue Hand Mitts are compulsory, Red & Blue Belts, Shin & Foot, mouth & groin guards are compulsory for all 14yrs and above free fighting events!

Name: ..... Age @ Competition: ..... Date of Birth: .....

Grade: ..... Male/Female: ..... Weight in Kgs:.....

Dojo/club: ..... Total paid: .....

Please enter the name and number of the events in which you are competing.

Event Name: .....	Event Number:	<input type="text"/>
Event Name: .....	Event Number:	<input type="text"/>
Event Name: .....	Event Number:	<input type="text"/>
Event Name: .....	Event Number:	<input type="text"/>
Event Name: .....	Event Number:	<input type="text"/>
Event Name: .....	Event Number:	<input type="text"/>

Please make all cheques payable to JKS Scotland and forward to 24 Dickson St. Elgin Ind Est, Dunfermline KY12 7SN

If there are not enough entries for any one event it will be cancelled and all monies refunded please ask the following week at Honbu Dojo for repayments. Children must not be left unattended throughout the competition. Long waiting times are unavoidable. Whilst every possible care and attention to safety will be enforced, the organizers and officials cannot be held responsible for any injury, loss or theft which may occur at this event.

**Note: I fully understand that Karate is a contact sport and whilst competing in this event injury is a foreseeable consequence. The organizers and officials will not be responsible for any loss or injury caused.**

Signed (Parent if under 16yrs) : ..... Date: .....