

TRY SHOTOKAN KARATE

WOODLANDS SPORTS HALL

FALKIRK, FK1 1QE

Monday

6pm-7pm Kids & Adults (6yrs+)

Friday

6pm-7pm Kids & Adults (6yrs+)

7pm-8pm Brown & Black Belts



CARRONVALE SPORTS HALL

LARBERT, FK5 3LH

Tuesday & Thursday

6pm-7pm Kids & Adults (6yrs+)



THROSK COMMUNITY CENTRE

THROSK, FK7 7NA

Wednesday

6pm-7pm Kids & Adults (6yrs+)

SCAN THE CODE TO REGISTER TODAY!

FIRST LESSON FREE

